

# The Secret of Desire...

Join us for an exploration of the complexities of modern relationships and the role Hormones play...

\*Want more ***Intimacy, Passion & SEX*** in your relationship?

\*Do your hormones need a tune-up?

\*Learn how to rekindle your Relationship & turn the clock back on aging!

\*Optimize Your Hormones

\*COMMUNICATION is KEY...Learn HOW to ask for what you WANT & NEED in your RELATIONSHIPS!

*Surprise your Valentine with more romance and passion!*

**Informational Seminar for  
MEN & WOMEN**

**Kona Grill Party Room  
295 N. 170th St.  
Wednesday Feb. 11  
5-7pm**

**All are welcome! Bring your spouse, partner, or a friend!!**

**Joleen Lake APRN,  
Optima Medical Hormone Replacement  
Nurse Practitioner & Hormone**

Specialist will dispel the myths of hormone therapy & explain how optimal hormone levels can help you feel your best, maintain wellness & boost your libido!

**Joan Elizabeth Arney, MS, PLMHP, NCC  
j28 Relationship Therapy, LLC**

Mental Health Therapist and soon to be certified Clinical Sex Therapist will present a fun and lively discussion and exploration of desire, arousal, intimacy and sexual health in relationships!

**Please Call**

**402-578-5353 to RSVP**